#### Before & After



before Courtesy of Y. V. Kolodchenko, MD

#### How many treatments do I need?

The ClearSteps™ treatment is usually performed four times, at one week intervals. All of the nails are treated during every session along with the skin around the nail bed. This effectively eradicates the fungal infection. *Keep your feet happy and fungus free!* 

## Safe & effective

Clinical studies show improvement, with the nail being clear of infection in up to 82.4% of patients after a 12 month follow up\*. Patients are very satisfied with the treatment and can observe improvement after a few sessions.

\* Yegor V. Kolodchenko, Vasyl I. Baetul: A Novel Method for the Treatment of Fungal Nail Disease with 1064 nm Nd:YAG. LAHA – Journal of Laser & Health Academy. 2013 (1)



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#### **ClearSteps**<sup>™</sup>

Laser toenail fungus treatment



### What is ClearSteps™?

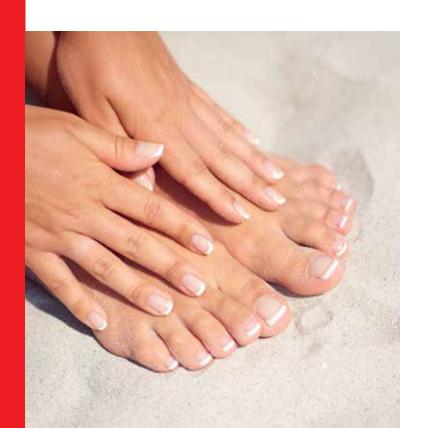
Fotona's ClearSteps<sup>™</sup> treatment is a revolutionary laser therapy for toenail fungus (onychomycosis). It is a simple and effective procedure that effectively weakens and kills the fungi that have infected your nails.

### How do I know that I have nail fungus?

- Distorted or thickened nails
- Discolored nails
- Yellow streaks under the nail
- Brittle, crumbly or ragged nails
- Nails separated from the underlying skin

#### Why choose ClearSteps™?

Fotona's Nd:YAG laser light spreads evenly throughout the affected tissue, causing no adverse side effects. It is a safer alternative to oral medication, which carries the risk of liver or kidney damage as well as gastrointestinal reactions. It is an effective treatment with no downtime.



# How does it work?

Preparation: Remove all nail polish and decorations at least one day before the procedure.

• **Step 1 (optional):** Filing of the nail surface (in cases of deformed/overgrown nails).

• Step 2: Laser treatment of the nail. You might feel a slight heating sensation throughout the nail.

• Step 3: Laser treatment of the tissues surrounding the nail. Often parasitic fungus has worked its way beyond the nail bed and needs to be eliminated in all the tissue surrounding the nail to prevent recurrence.

#### Does it hurt?

During the ClearSteps<sup>™</sup> procedure, you might feel some slight discomfort, with most patients reporting that their nails felt warm during and sometimes a few moments after the treatment. It requires no recovery time and you can immediately resume your everyday activities.